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Capso CAM PLUS

CapsoCam Plus Patient Instructions for Remote (At-Home) Administration of Capsule under Medical Supervision via Video

The below instructions are provided in the event that you qualify for swallowing the CapsoCam Plus capsule at home while someone from your doctor's office watches you via video.

1. Prior to receiving the CapsoCam Plus capsule, your doctor's office should have asked you some questions about your use of medications and your clinical history, and received your informed consent for undergoing the procedure at home. They will also schedule you for a video call.

   WARNING: Do not swallow the capsule unless your doctor or someone from your doctor's office is watching you swallow the capsule via video.

2. At the beginning of the video call, your doctor's office will verify that:
   - You have received the CapsoCam Plus capsule endoscope and related accessories.
   - There have been no changes to your medical condition since they last asked you about your clinical history.
   - There is an adult present next to you who can follow instructions in the unlikely event you have trouble swallowing the capsule.

3. Immediately before swallowing the capsule, your doctor's office will ask you to:
   - Check the capsule packaging for damage.
   - Check the accessories for damage or any missing items. Your doctor's office will let you know what items should be included.
   - Prepare a glass or bottle of water.
   - Hold the capsule in front of your video camera and look at the LED lights to confirm they are flashing.
   - Take a small sip of water to wet your mouth and then place the capsule inside your mouth and swallow the capsule with 0.5 liters (~16 fluid ounces) of water.
4. At this point, your doctor or staff member will begin a 5-minute observation period. During this observation period you will be asked to:
   - Walk around for a few minutes to make sure the capsule has been swallowed successfully.
   - Confirm you have no breathing difficulties.
   - Watch instructions demonstrated by the physician on how to use the CapsoCollect capsule collection kit.
5. After the observation period, the video call will end.

You may engage in normal daily activities while the capsule moves within your digestive tract. Consult with your doctor if you have questions about engaging in any activity. The capsule is typically passed within 3 to 30 hours. Contact your physician if more than 72 hours have passed and you still have not excreted the capsule. Return the collected capsule as instructed by your doctor's office.

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The CapsoCam Plus video capsule system is intended for the visualization of the small bowel mucosa in adults. It may be used as a tool in the detection of abnormalities of the small bowel. © 2025 CapsoVision, Inc. All rights reserved. 10-2025

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